



Handbook

Team Rules:

- Don't mess around with your academics
- Be on time
- Don't do anything that would embarrass you, your family, your school or your team

Daily Expectations:

The following are the expectations that the coaching staff has for you on a daily basis for on-the-court activities and off-the-court-activities:

- Excel academically. Get your work done in a timely manner and do your best
- Give your best and don't take shortcuts. Always go as hard as you can go
- We are a team. Look out for your teammates and push them to get better. Encourage
- Respectfully communicate with teammates and the coaching staff. Look them in the eye
- Keep pushing through the pain and don't give in when things get tough
- Be coachable and always strive to improve. Take in everything we teach and apply it to your game
- Take care of your body. Get enough sleep, stay hydrated and eat the right things
- Learn about your teammates and coaches. Each one can help you learn and grow as a person
- Do the right things off the court. Realize that others are looking up to you

“We are what we repeatedly do. Excellence, then, is not an act, but a habit”

Practice:

Practices are considered mandatory and will sometimes be conducted on weekends and school holidays.

There are three excused reasons for missing or being late to practices:

1. Tutoring
 - Student-athletes are to inform Coach Rosefield in writing(text or email) of a tutoring session before they attend this session
 - A note from the teacher with date /time must be brought to Coach Rosefield upon completion of the session
 - Student-athletes are encouraged to attend tutoring either before school or during lunch if possible.
2. Family
3. Illness

The first time the student athlete misses a practice for an unexcused reason that student athlete will be suspend for a minimum of one game and possibly more depending on the circumstances. The second time the student athlete misses a practice for an unexcused reason that student-athlete may be suspended from the basketball program for the remainder of the season.

In the event that practice must be missed for any of the above reasons, players (not parents) are to contact Coach Rosefield before practice begins. Routine doctor's appointments should be scheduled around practice.

Injured players are expected to be at each practice and game regardless of whether they are able to participate or not.

Academics:

You are at Ridge View High School to get an education and move on to greater things. You have chosen to play basketball. This choice comes with great responsibility.

- JV players are expected to bring their interims/report cards to practice each time they are distributed. These documents will be copied and returned by the end of practice
- JV players may face suspensions and/or other disciplinary action for grades of D or below in any class
- The coaching staff will monitor your grades and contact your teachers when necessary
- Players will be asked to have grade check sheets filled out by their teachers periodically

Behavior:

- Players will adhere to all district policies while travelling on the bus, during school and at all times during school-sponsored activities.
- Players are expected to maintain focus during practices and games at all times.

Playing Time:

Our coaching staff will work hard with the students to help them develop their potential to best help the team to become better. It is important to understand that no amount of playing time is promised to any student athlete. Playing time is earned through the following standards:

- Ability
- Ability to execute defensively and offensively in practices and games
- Attitude and work ethic
- Classroom performance
- Character on and off the court

If a player does not feel he is getting enough playing time, he can: (1) work harder in the areas listed above to improve his chance for playing time or/and (2) ask the coach what areas from the above list he can improve on in order to secure more playing time.

At no time will any coach entertain questions from parents about playing time for players. Only the players can inquire about playing time and that time should never be on a game day. We do encourage the parents/guardians to contact the coaches about matters unrelated to playing time that concern their student.

Grooming and Dress Policy:

A member of the Ridge View Basketball Program is expected to be well groomed. Appearance, expression and actions always influence people's opinions of athletes, your family, the team and the school. Once you have volunteered to be a member of a squad, you have made a choice to uphold certain standards expected of athletes in this community.

- Hair will be of reasonable length (not touching or below the shoulders) and neat as determined by the coaching staff.
- Earrings, jewelry, cosmetic grills, and headgear shall not be worn the day of games at school, during contests, practices, or other team functions.
- Facial hair should be neatly trimmed as determined by the coaching staff.
- Head, arm, & wrist bands with no logo that are the same dominant color as the uniform may be worn during practices and games.
- An athlete shall dress presentably at all times, on trips, or at assemblies or banquets.
- Students should wear socks that are either all white or all black—no extra colors will be allowed
- On occasion, players will be asked to wear a shirt or coat and tie to school on game days

Travel:

- All athletes must travel to and from away athletic contests in transportation provided by the athletic department (Exceptions can be made by the Athletic Director).
- Athletes may return from a contest with their parent or guardian. The Head Coach must be notified in ADVANCE this with a written note from the parent/guardian.
- Students are not permitted to use their cell phones on the bus ride to the game or while at the away school before the game. If a student needs to talk to parent before a game he should notify the coach he needs to make or receive a call.
- Students should bring academic work with them on the bus for each road game.

Extracurricular Activities:

An individual student who attempts to participate in too many extracurricular activities will undoubtedly be in a position of conflict of obligations. The athletic department recognizes that each student should have the opportunity for a broad range of experiences in the area of extracurricular activities; and to this end we will attempt to schedule events in a manner so as to minimize conflicts. Students have a responsibility to do

everything they can to avoid continuous conflicts. This would include being cautious about belonging to too many activities when conflicts are bound to happen. It also means notifying the faculty sponsors involved immediately when a conflict does arise. When conflicts do arise, the sponsors will get together and work out a solution so the student does not feel caught in the middle. If a solution cannot be found then the Student Activities Director and the Athletic Director will have to make a decision based on the following:

- the relative importance of each event;
- the importance of each event to the student;
- the relative contribution the student can make;
- the length of time in advance each event is scheduled; and
- input from parents.

Once the decision has been made and the student has followed that decision, the faculty sponsor or coach will not penalize him/her in any way. If it becomes obvious that a student cannot fulfill the obligation of a school activity, he/she should withdraw from that activity.

Substance Abuse:

The use of or possession of alcohol or other illegal drugs during the season will result in suspension from the basketball team for the remainder of the season. Future participation of the basketball team will be at the discretion of the head coach.

Discipline Procedure:

The coach or athletic director may immediately suspend a player from contests or practices for up to five consecutive school days. A meeting of the athlete's coach and the Athletic Director shall determine any suspension period of more than five school days. The following will be required:

- a written statement of violation by the coach;
- consultation with the parent or guardian or the representative, preferably by a meeting; and
- consultation with the student athlete.
- If a student leaves or is removed from a team under the dishonorable conditions described below, he/she shall become ineligible in all sports immediately. The Athletic Director, Principal and Head Coach of the sport involved will determine the length of the suspension.
 - A. Smoking, alcohol and/or drug abuse
 - B. Vandalism
 - C. Theft
 - D. Conduct unbecoming an athlete as determined by the Head Coach and Athletic Director
 - E. Quitting a team and failure to follow procedures
 - F. Failure to return any or all equipment issued to the athlete by the Ridge View Athletic Department. Athlete is held financially responsible for equipment
 - G. Suspension from school (In-School or Out-of-School)
 - H. Gang related or legal charges in the community
 - I. Placing your interests ahead of the team's best interest.

APPEAL PROCEDURE- The parent or guardian of the student athlete may appeal the decision of the above committee to the Executive Committee. This committee shall be made up of the Principal, an Assistant Principal, the Athletic Director, and a neutral coach. The appeal will require the following:

- The written appeal must be presented to the Athletic Director within five days of the initial ruling.
- The student and parent/guardian shall have the privilege of attendance.
- The appeals committee shall render a decision within five school days, in writing, to the student and his/her parent or guardian.

Quitting a Team:

1. Quitting is an unacceptable habit to acquire. A quitter may lose the privilege of participating in athletics. On occasion however, an athlete may find it necessary to drop participation in a sport for good reason. If this is the case, the following procedure must be followed:

- Talk with your immediate coach and then the Head Coach.
 - Report your situation to the Athletic Director.
 - Check in all equipment
2. Unless there are unusual circumstances, an athlete will not be allowed to quit one sport and join another team. The sport the athlete has quit must have its season completed before the athlete may begin practice with another sport. If there are unusual circumstances both coaches concerned and the Athletic Director will decide if the athlete can join another team. The athlete should contact the Athletic Director to initiate this process. Failure to follow this procedure in quitting a sport can result in loss of all athletic privileges for up to one year.

Academic Requirements for Participation:

1. Student must be enrolled at Ridge View High School or its feeder schools.
2. The student has not attained his/her 19th birthday prior to July 1st proceeding the year of participation.
3. Student must have passed a MINIMUM of 2.5 credits the previous semester with the following grade point average: Seniors and Juniors: 2.00, Sophomores: 1.75 and freshmen: 1.5 (at the end of their first semester).
4. Each student has eight (8) consecutive semesters of competition once the student has entered the 9th grade.
5. Transfer students must have had an accompanying change of residence by his/her parent(s) or guardian during the period of their last high school enrollment to be immediately eligible. All others may submit in writing reasons for transfer to the Athletic Director who may submit a letter for hardship eligibility to the South Carolina High School League. All exceptions to the rules for eligibility must be approved by the South Carolina High School League.
6. The student must not have accepted money, merchandise, memberships, or services of value for participation in athletics, sports, or games. They must not have signed a professional sport contract.
7. An athlete may not participate in any outside competition in a sport during the season he/she has represented his/her school in that sport.

Fees:

All student athletes in Richland County School District Two who participate in Interscholastic Sports are required to pay a non-refundable "Try Out Fee" of \$25. If the student athlete makes the team, an additional non-refundable "Participation Fee" of \$25 is required. The "Try Out Fee" is due before conditioning, practice, or tryouts. The "Participation Fee" is due the week the student athlete makes the team. Only a total of \$50 is a student athlete to paid per school year. This insurance (through the District) is a SUPPLEMENTAL insurance. The parent or guardian's insurance is the primary coverage for any injuries sustained during athletic participation. Claims against the insurance for injuries sustained during athletic events/practices must be filed through the Athletic Trainer.

Contact Information and Communication:

Please email Coach Rosefield at brosefield@richland2.org if you are not receiving mass email updates. These updates will be sent periodically concerning practice and game schedules, travel plans and other information.

Please remember, it is the student-athlete's responsibility to notify the coaching staff of an absence or tutoring session in advance.

Coach Rosefield can be reached in the following ways:

Email – brosefield@richland2.org

Cell Phone – (803) 404-0057(can receive texts) or (803) 309-5405(cannot receive texts but better reception inside school with this phone)

Office Phone – (803) 699-2999 ext. 234

Fax Number – (803) 699-2888

Mailing Address – Ridge View High School
4801 Hard Scrabble Road
Columbia, SC 29229

Main Basketball Website – www.ridgeviewbasketball.com

Family Involvement:

The coaching staff would like to promote a family atmosphere around the JV basketball program at Ridge View High School. We will be holding an intrasquad scrimmage at some point in the near future that all parents are encouraged to attend. More information on this will be available soon via email updates.

If any parent is willing to take pictures or videos during games, please email Coach Rosefield at brosefield@richland2.org. We would like to be able to put together a highlight video at the end of the season and also be able to watch film with our student-athletes to help them learn.

Please let Coach Rosefield know if your family would like to get involved with helping to organize snacks and/or drinks after our games this season.

Conclusion

Each season presents new and exciting challenges for student-athletes, and this basketball season is no different. We have had a good summer/fall of training, but it's going to be the hard work that's put in from this day forward that will determine our level of success on the court this year. We tell our players all the time that all we ask is that they give their best. We also believe that if every player gave all they had each moment this year, that this will be a special year.

I am excited to be a part of Ridge View Basketball. The family atmosphere around this program is second to none and we want that to continue. You'll see former players coming to games and practices and that's a testament to how they feel about you. Keep working hard and watch your level of success continue to rise in the athletic arena and in all areas of your life.

This packet is intended to serve as a good introduction to our program, but is in no way complete. Our goal is to make each student-athlete and parent the most informed player and enthusiast possible. Look for periodic updates.

Please email Coach Rosefield to be added to email list and thanks!

Brian Rosefield
Ridge View High School
Head JV Boys Basketball Coach
brosefield@richland2.org
Office - (803) 699-2999 ext. 234
Cell - (803) 404-0057
Cell - (803) 309-5405



2009-2010 Master Schedule

<i>Date</i>	<i>Opponent</i>	<i>Location</i>	<i>Time</i>	<i>Teams</i>	
December 1	Tues	Dutch Fork	away	6:00/7:30	VG/VB
December 3	Thur	Irmo	HOME	6:00/7:30	VG/VB
December 4	Fri	Richland Northeast	Away	6:00/7:30	VG/VB
December 7	Mon	Richland Northeast	HOME	6:00/7:15	JVG/JVB
December 8	Tues	Irmo	Away	6:00/7:30	VG/VB
December 9	Wed	Saint Patricks (Australia)	HOME	4:30/5:30	JVB/BB
December 9	Wed	Richland Northeast	HOME	6:45/8:00	VG/VB
December 11	Fri	Dutch Fork	HOME	6:00/7:30 PM	VG/VB
December 14	Mon	Oak Hill Academy	away	5:15/7:00	VG/VB
December 16	Wed	Richland Northeast	Away	6:00/7:15	JVG/JVB
December 17	Thurs	Sturt (Australia)	HOME	5:00/6:30/8:00	JVB/BB/VG
December 18-22	Fri-Tue	Chick-Fil-A Classic	RNE	TBA	VB
December 28-30	Mon-Wed	Piggly Wiggly Roundball Classic	West Ashley	TBA	VB
January 4	Mon	Pinewood Prep	HOME	4/5:15/6:30/7:45	JVG/JVB/VG/VB
January 6	Wed	Sumter	HOME	6:00 PM	BB
January 7	Thur	Rock Hill	Away	6:00/7:15	BB/JVB
January 8	Fri	Rock Hill	HOME	5:30/6:45/8:00	JVG/VG/VB
January 14	Thur	Spring Valley	Away	6:00/7:15	BB/JVB
January 15	Fri	Spring Valley	HOME	5:30/6:45/8:00	JVG/VG/VB
January 19	Tues	Lancaster	Away	5:30/6:45/8:00	JVG/VG/VB
January 20	Wed	Lancaster	HOME	6:00/7:15	BB/JVB
January 21	Thur	South Pointe	Away	6:00/7:15	BB/JVB
January 22	Fri	South Pointe	HOME	5:30/6:45/8:00	JVG/VG/VB
January 23	Sat	Sumter JV Tournament	Away	TBA	JVB
January 25	Mon	Blythewood	HOME	6:00/7:15	BB/JVB
January 26	Tues	Blythewood	Away	5:30/6:45/8:00	JVG/VG/VB
January 28	Thur	Rock Hill	HOME	6:00/7:15	BB/JVB
January 29	Fri	Rock Hill	Away	5:30/6:45/8:00	JVG/VG/VB
January 30	Sat	Sumter JV Tournament	Away	TBA	JVB
February 1	Mon	Spring Valley	HOME	6:00/7:15	BB/JVB
February 2	Tue	Spring Valley	Away	5:30/6:45/8:00	JVG/VG/VB
February 4	Thurs	Lancaster	Away	6:00/7:15	BB/JVB
February 5	Fri	Lancaster	HOME	5:30/6:45/8:00	JVG/VG/VB
February 8	Mon	South Pointe	HOME	6:00/7:15	BB/JVB
February 9	Tues	South Pointe	Away	5:30/6:45/8:00	JVG/VG/VB
February 11	Thurs	Blythewood	Away	6:00/7:15	BB/JVB
February 12	Fri	Blythewood	HOME	5:30/6:45/8:00	JVG/VG/VB

as of 12/3/09

John Combs, Head Boys Basketball Coach
jcombs@richland2.org
 School # 699-2999 ext 273

Terrence Gibson, Head Girls Basketball Coach
tgibson@richland2.org
 School # 699-2999 ext 268

David Gordon, Athletic Director
dgordon@richland2.org
 School # 699-2999 ext 400



Handbook Signature Page

Your signatures below indicate that you have read the parent and student basketball athlete guide and agree to these policies.

Please sign and return

Student's Name (Print) _____

Student's Signature _____ **Date** _____

Parent's/Guardian's Signature _____ **Date** _____

Parent's/Guardian's HOME Telephone #: _____

Parent's/Guardian's WORK Telephone #: _____

Parent's/Guardian's CELL Phone #'(s): _____

Parent's/Guardian's E-Mail(s) _____

What is the best time & way to reach you?

Please feel free to write anything below that the coaching staff may need to be aware of that might assist in coaching the student named above: